

All session times are subject to change

What's on in OCTOBER 2017

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
					30-Sep-17	01-Oct-17
					No Coaches at Bondi - social swim	Spring Training Camp
2	3	4	5	6	7	8
Public Holiday				NEW TIME	Bondi swim 8.00am meet bondi surf club 60-90 min swim	
Spring Training Camp	7.15pm Pool swim +Plus Cook & Phillip	6.30pm Pool swim Victoria Park Pool	NEW TIME			
9	10	11	12	13	14	15
					Bondi swim 8.00am meet bondi surf club 60-90 min swim	
6.30pm Pool swim Victoria Park Pool	7.15pm Pool swim +Plus Cook & Phillip	6.30pm Pool swim Victoria Park Pool				
16	17	18	19	20	21	22
	6.00AM Cloey run+swim in shoes Meet near Surf Club				Bondi swim 8.00am meet bondi surf club 60-90 min swim	
CLOEY IS BACK						
6.30pm Pool swim Victoria Park Pool	7.15pm Pool swim +Plus Cook & Phillip	6.30pm Pool swim Victoria Park Pool				
23	24	25	26	27	28	29
	6.00AM Cloey run+swim in shoes Meet near Surf Club				No Coaches at Bondi - social swim	
6.30pm Pool swim Victoria Park Pool	7.15pm Pool swim +Plus Cook & Phillip	6.30pm Pool swim Victoria Park Pool				
30	31					
	6.00AM Cloey run+swim in shoes Meet near Surf Club					
No Coaches at VPP	7.15pm Pool swim +Plus Cook & Phillip					

