What's on in MARCH 2019

		Wilat 5 Oll 1	11 1417 (11/611/20			
move on				TGIF	© bondi	
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
				1	2	3
				7.00AM Bondi swim	Bondi swim	
SE	easons		NEW DAY &	ocean swim	meet at Tent on sand	
	swim		TIME	meet bondi surf club	8.00am	
4	2		THVIE		60-90 min swim	Freshwater
				6pm Bondi swim	9.15am	
				meet surf club	Kickstarter swim	
					30 mins swim	
1	5	6	7	8	9	10
5.15AM Pool Swim	7.00AM Cloey			7.00AM Bondi swim	Bondi swim	
endurance + pacing	run+swim in shoes	IEW TIME		ocean swim	meet at Tent on sand	
Prince Alfred Park Pool	swim only			meet bondi surf club	8.00am	
	Meet near Surf Club				60-90 min swim	
	6.30pm Pool swim +Plus			6pm Bondi swim	9.15am	
	Cook & Phillip			meet surf club	Kickstarter swim	
	555 K & T TIME			mede sum sids	30 mins swim	
11	12	13	14	15	16	17
5.15AM Pool Swim	7.00AM Cloey			7.00AM Bondi swim	Bondi swim	
endurance + pacing	run+swim in shoes			ocean swim	meet at Tent on sand	
Prince Alfred Park Pool	swim only			meet bondi surf club	8.00am	
	Meet near Surf Club				60-90 min swim	Stanwell Parl
	6.30pm Pool swim +Plus			6pm Bondi swim	9.15am	
	Cook & Phillip			meet surf club	Kickstarter swim	
	·				30 mins swim	
18	19	20	21	22	23	24
5.15AM Pool Swim	7.00AM Cloey			7.00AM Bondi swim	Bondi swim	
endurance + pacing	run+swim in shoes			ocean swim	meet at Tent on sand	
Prince Alfred Park Pool	swim only			meet bondi surf club	8.00am	
	Meet near Surf Club				60-90 min swim	
	6.30pm Pool swim +Plus			6pm Bondi swim	9.15am	
	Cook & Phillip			meet surf club	Kickstarter swim	
					30 mins swim	
25	26	27	28	29	30	31
5.15AM Pool Swim	7.00AM Cloey			7.00AM Bondi swim	Bondi swim	
endurance + pacing	run+swim in shoes			ocean swim	meet at Tent on sand	
Prince Alfred Park Pool All session times are subject to	swim only			meet bondi surf club	8.00am	
	Meet near Surf Club				60-90 min swim	North Steyne
	6.30pm Pool swim +Plus			6pm Bondi swim		
	Cook & Phillip			> LAST		
				meet surf club		

change